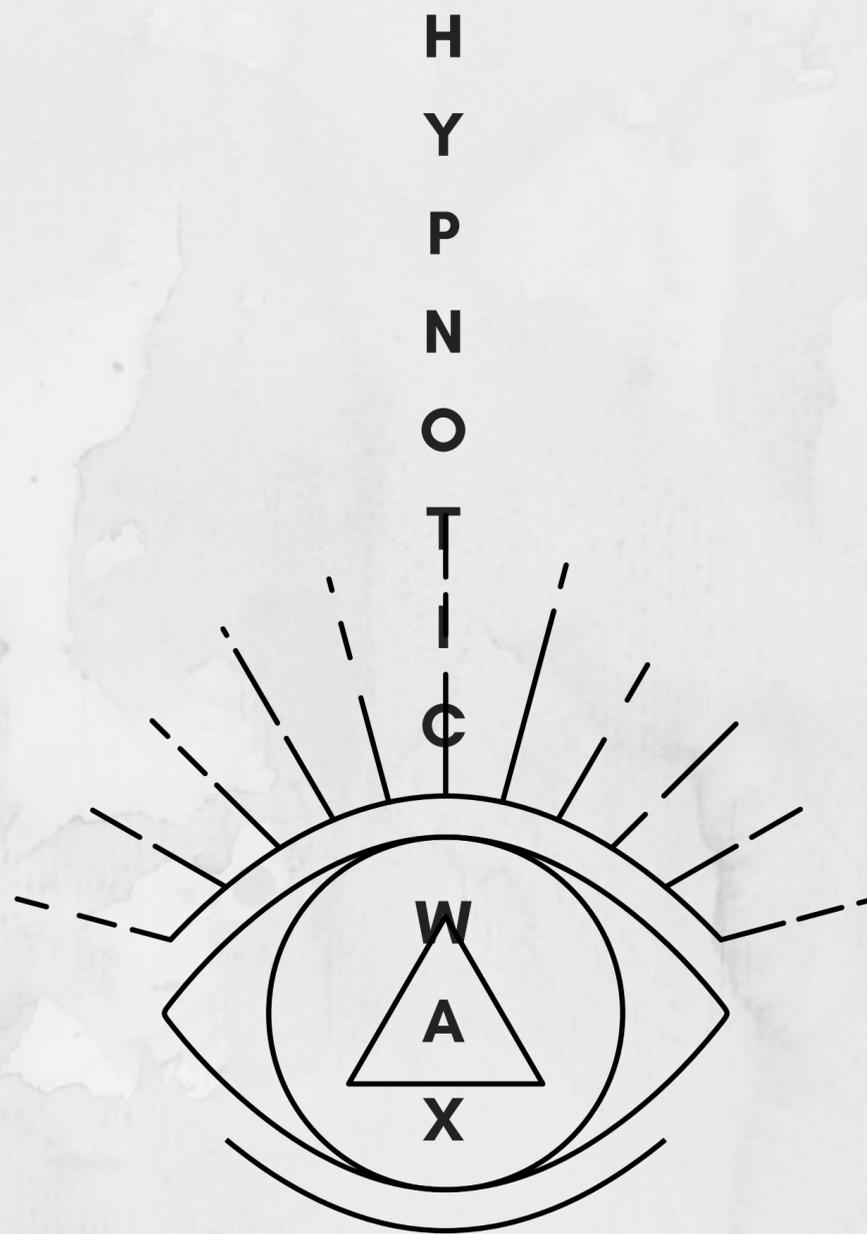


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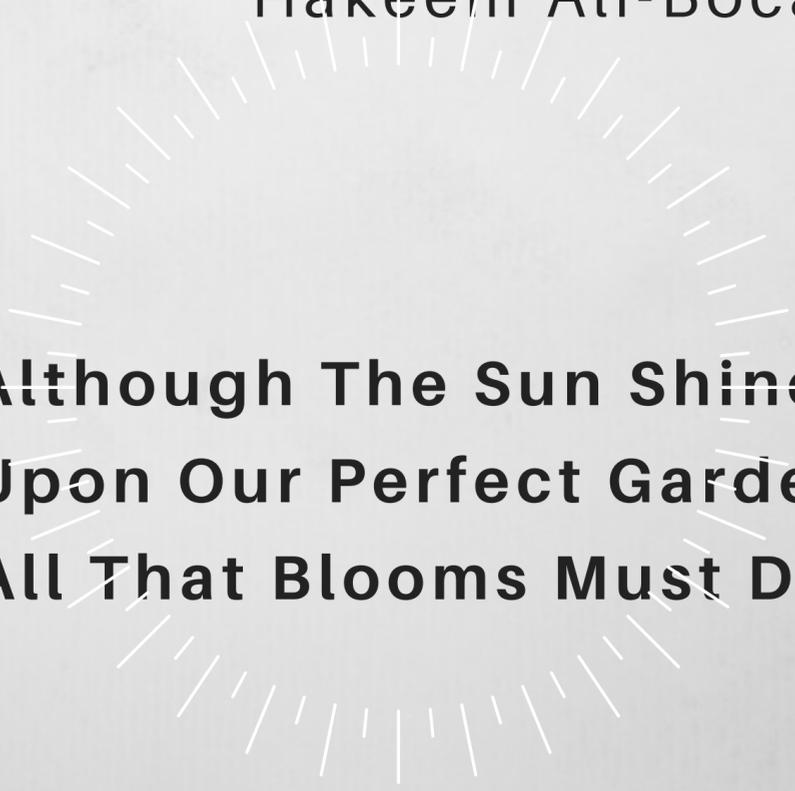
Hakeem Ali-Bocas Alexander

HYPNOTIC WAX



A collection of Haiku, Tanka, and
Other Creative Writing by

Hakeem Ali-Bocas Alexander



**Although The Sun Shines
Upon Our Perfect Garden
All That Blooms Must Die**

#FLORANDHAKHEEM

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First Edition.

August 23rd, 2020

Haiku Science Academy

DEDICATION

Dedicated To
Flor Elizabeth Carrasco

My greatest inspiration.

You saved my life,
but I was not able to save yours.

August 23rd 1990 - October 24th 2019



FOR FLOR

FLOR ELIZABETH CARRASCO



#FLORANDHAKEEM

THE END

I really don't know much about Haiku beyond the junior high school format I learned about that dictates using a 5-7-5 syllable structure.

Then there was this great book I found at a Border's Book Store called *Japanese Death Poems*. I remember something about folks writing Haiku on their death beds. Others mostly wrote contemplations about nature.

My collection is just a handful of the Haiku, Tanka, and Prose that I have been scribbling around for the past 7 years. If I were to include all of them, this volume would be a bit too much I think.

I didn't bother to sort them out neatly into categories, so understand that the more questionable verses are simply my creative imagination driven by painful emotion.

I do hope that you might find inspiration of some kind, or at least have your spirit stirred a bit while reading.

Now let's begin with the end.

End This Dangerous Game

Breathe In Hot Vapors
In A State Of Near UnDress
SunStorm Flowers Black

On Dark Sheets She Sleeps
These Glimpses Of Her Body
Just Out Of My Reach

On Those Other Worlds
The Worst Winter Is Passing
Through Caves Of This Heart

Inspired Books Are Filled
For The Joy It Is To Trace
The Lines Of Your Face

I Call Out To Death
For This Heart Can Feel No Pain
If It Beats No More

I'm Stepping Out Into The Cold; WithOut You

December 2013

I heard his sad song
But I would do anything
For your hot embrace

With these Royal Eyes
Trembling in awe before you
Just to sing your name

I can die complete
For we embraced through the night
A dream fulfilled

For your greatest joy
I will do anything now
To witness your smiles

Unconditional
No matter what you may do
Love will always reign

I'll wait forever
If it means dying alone
For a chance with you

2013

Embracing the Sun
Today is pretty and warm
Reminds me of you

Always in trouble
I've never been a victim
I'm just a rebel

Waking up again
Sweating in the freezing cold
Starting a new day

Ready to erupt
Like a raging volcano
My questions ignored

The chain is broken
No longer anchored to her
As I sail away

What I thought was love
Proves to be a trance of lies
A spell I've broken

2013

A soul scorched in flames
The inferno of her heart
Burning trust to ash

Love blows me away
A natural disaster
The best kind of storms

No more good-bye songs
There shall only be echoes
Of my beating heart

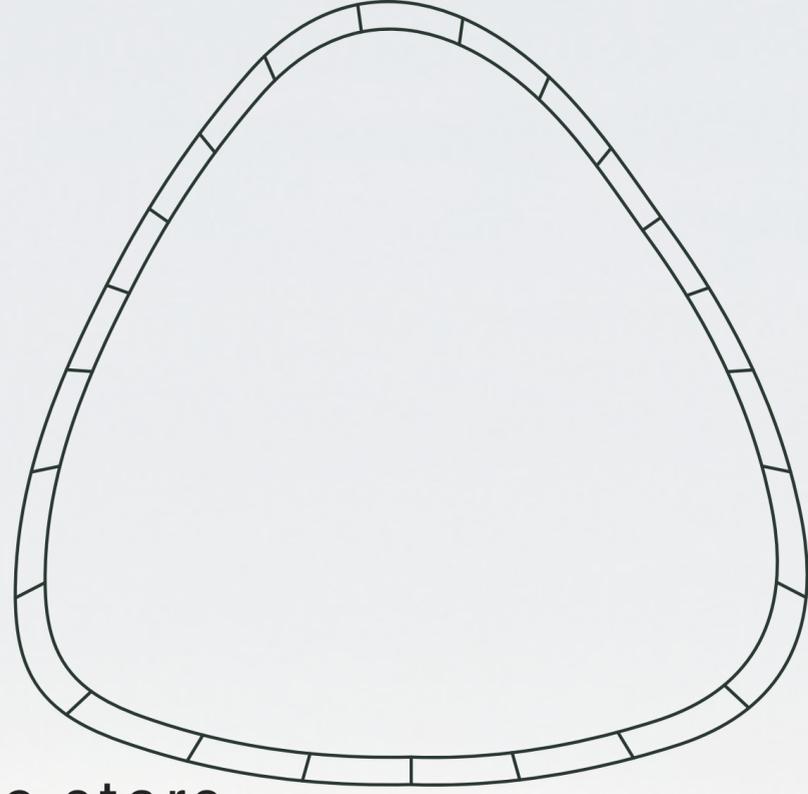
This man is dying
He echoes into silence
Fades away from her

Were you as pretty
As my breakfast I would just
Eat you all up too

Astral blooming clouds
Delightful Angel-Flower
On the horizon



2013



2013

Suicide retreat

Splattered, crimson, life-force stars

Fall upon the snow

When you shut me out
I die alone in the snow
Walking without clothes

Princess in hiding
Feed my flesh to the scarabs
In my Royal Tomb

Sharing your vision
I love the colors you see
Red, black, and midnight

I am a shadow
For you and my Heart are one
Shining like the Sun

Today is so hard
I just feel like giving up
But instead I rise

2013

UnEarthly Goddess
Punishes me with silence
UnObtainable

So much more I wish
Yet I just accept my place
Your dying shadow

Most lovely Dream-Girl
Walking with you every day
Holding hands, and smiles

Paradoxical
Today the Globe is *not* warm
It is very cold

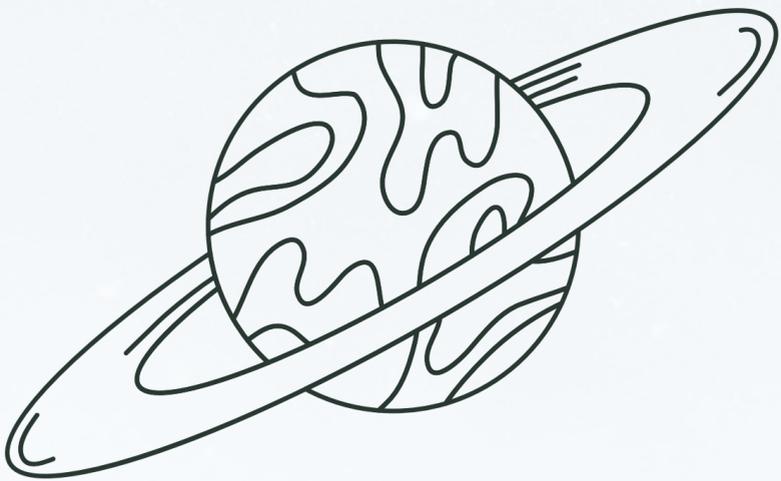
Always on my mind
A thought of you warms my heart
In this horrid cold

Your loss suffered by
The most severe of beatings
My merciless strikes

2013

You said you would call
Too bad I believed you would
Because you did not

Cast into shadows
By my own fears and self doubt
Please show me the light



Insomniac dream
Whether dead or awake
My SOUL she does take

Blasting "War Machine"
As The ChimpZ destroy the stage
Never giving up

Haiku poems have
Five syllables, then seven
And five once again

It's not beneath me
To get on my knees for her
And beg forgiveness

2013

My heart is on fire
Soon to explode from my chest
I'm bleeding to death

Wounds self inflicted
Who can sleep with all this pain
Oh, I'm bleeding rain

Aiyana Cadwell
Singing away these long days
In Eternal Bloom

Not only my heart
My SOUL is also burning
WithOut her is HELL

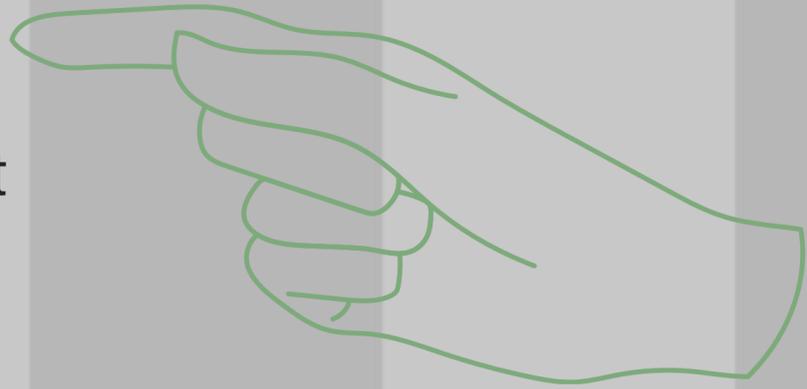
For just a moment
I wandered into madness
Chasing dreams away

Poetic hauntings
And sexual images
Continue in verse

2013

2013

Mordekai escaped
Why did I unleash this beast
Out into the world?



Before I did not
Now I know where I'm going
On the road again

Make-up from within
Not cosmetics from outside
The beauty of health

Demonic Angel
Cast into my HEART and SOUL
She's all dressed in black

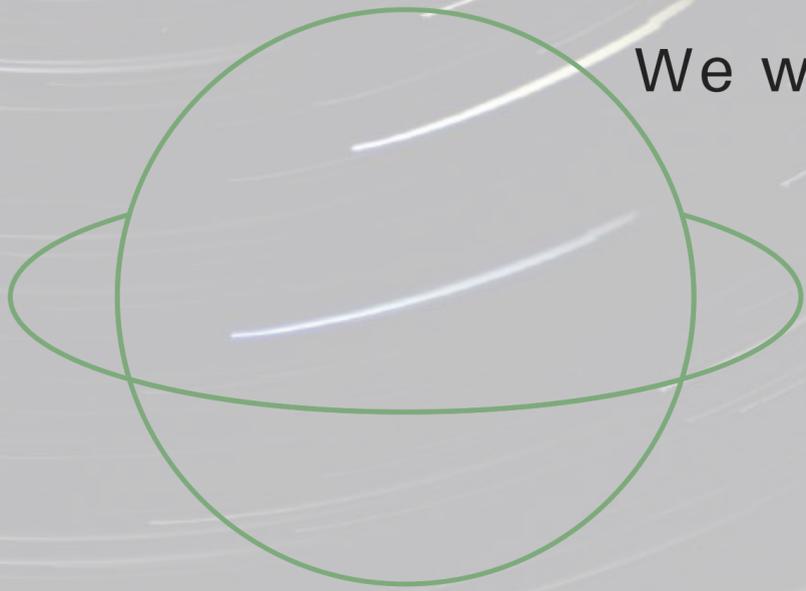
You may be down now
But whatever your dreams are
You can achieve them

Finally let go
With LOVE unconditional
Now free to move on

2013

Diminished seven times
Dropped to the lowest state by
The demons of CAST

There's no escaping
I will see you tomorrow
We will work this out



Out of the school now
Off to the mortuary
To bury our dead

Take your mind off DEATH
From the morgue OnTo the stage
The Iron Maidens

She said she missed me
So I went back to see her
Now she has no time

Once I had returned
Two days held in an Angel's wings
Then She flew away

2013

Beautiful Christine
Glides a bow across the strings
Perfect melodies

Eternal sadness
My life has been full of tears
Since I was first born

In the darkest times
No matter how low I get
There is always hope

You are wonderful
May your day be that way
With much great success



When destroying them
Sometimes hatred and anger
Are just what I need

Suicidal girl
Don't think you are fooling me
While killing yourself

2013

Revenge is so sweet
An UnBelievable end
Will soon come to you

Bleeding a whole lot
I have finally lost it
Hope and sanity

Their twisted pleasure
Bathing in my tears and blood
Carving out new wounds

The ride is over
A broken roller coaster
Falling off the tracks

Decaying remains
When all has come to ruin
Eternity falls

Here's the ugly truth
The love has turned to madness
For it never was

2013

Dying all alone
For when I needed you most
You were just not there

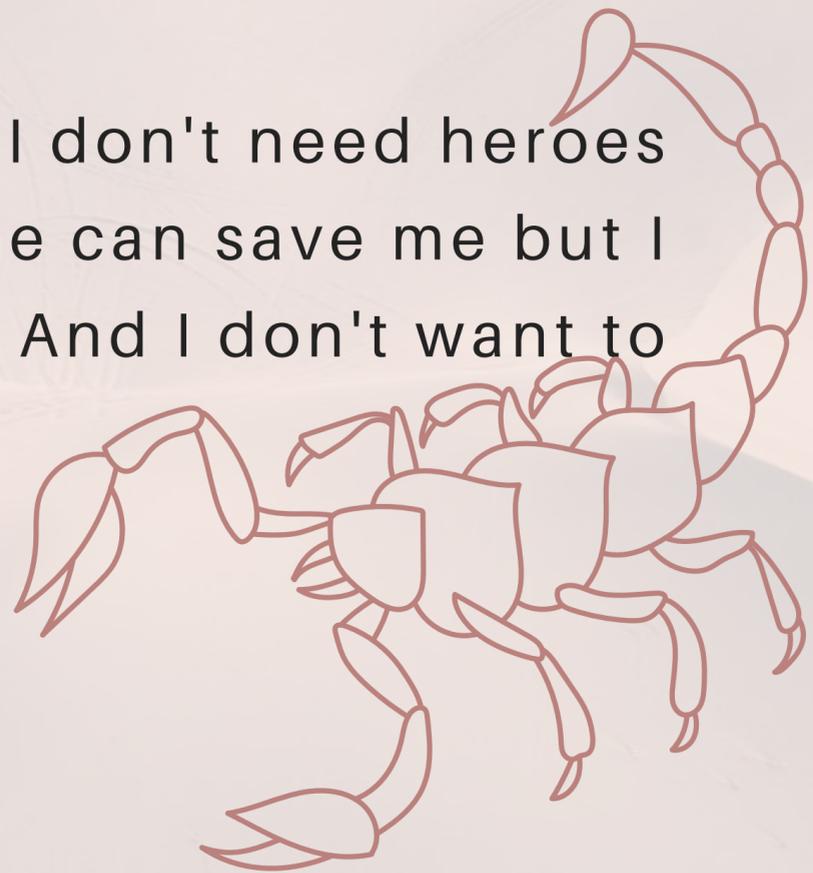
With this final breath
I shall pass on my sorrows
In the end of me

I don't need heroes
No one can save me but I
And I don't want to

Just wake up and live
Each new day is wonderful
You make it that way

Success takes hard work
And it may take all you have
But just keep going

The same as before
Why did I ever return?
Just to be shut out?



2013

All this present pain
She's best in the memories
Of my shadow graves

Whole worlds fall apart
As I crumble at her feet
Buried underneath

Good-bye Shadow Flame
Because I'm nothing to you
I will just burn out

A passion so vex
I crave your love and your sex
And bow to your hex

Hell is her absence
I'm both ends of the candle
A soul burned alive

Aiming for the skies
Flying through the daze and Knights
Let your spirits rise

2013

You will bleed and cry
Fighting because it's worth it
To live in your dreams

Will I ever learn?
EveryOne else gets her turn
While I bleed and burn

Broke my own heart chains
She has lost her hold on me
I'm finally free

I exclaim boldly
I am only the lonely
She is a phony

Helios The Sun
A Lake of Fire Just Like Hell
Language Origins

Darkness always falls
No matter how long the night
The Sun still rises

2013

Smile and thank the day
Wake up and embrace the world
Give your heart to love

Mend your broken heart
Create something beautiful
Give it all away

Open up your eyes
So much beauty surrounds you
Just as within you

Wipe away your tears
Why should you cry forever
When there is laughter?

Take your power back
Forgive who tries to hurt you
And create success

Opening your heart
Walk into fields of wonder
Be the joys of life

2013

Wash the pain away
Fly InTo LOVE every day
Spread your wings and play

Weak minds betray you
Success is your best revenge
Be better today

We sing many songs
Let them be celebrations
Of grateful rejoice



LOVE Is Magical
UnConditional Power
And I Forgive You

I Am The Fire Snake
Kundalini Rising High
Our Love Fills The Skies

Know your life's purpose
Just go out and do great things
Love every moment

2013

We Are All In LOVE
With the Sun, Sky, And Wind To
Every Drop Of Rain

Look in the mirror
Unmistakably in LOVE
Embracing Yourself

Know That You Are GODS
There Is A Magical Kingdom
Deep Inside Us All

I'm tasting again
Many flavors of romance
In a life so sweet

Your joy is right now
See the beauty in all things
To purge sorrows

The sky is falling
Look up and race to catch it
The wings of our heart

2013

Dear Magnolia,
Your enchanting blossom swings
Gently, windy sings



January 2014

In this joyful life
I see the Golden Bridges
Where we cross our hearts

I'm in love right now
Just as I have always been
And will always be

My dearest Christine,
Never have I longed for one
As much so for you

Cyanide Sugar
So sweet and deadly a mix
Like joining two souls

The fault is my own
I admit that I was wrong
I can make it right

Siren so lovely
Keep singing that special song
Bitter harmonies

January 2014

Bergamot Station

I sat intoxicated

When the Belle first rang



Healing depression

Though I just feel like dying

I keep getting up

Among The Tall Grass

I Walk With The Wind And The Sun

Living harmony

I Am The White Crow

Standing Out In The Darkness

I Am The Black Sheep

Sweetest melody

My favorite song is laughter

Coming from your glee

I stole a deep breath

When my grief was choking me

And came back to life

January 2014

She looks from the stage
Dressed in black with violin
Loving through the strings (01.07)

Through jasmine bridges
Frosty blossoms chase the knight
Darkness and delight

Deadly love embrace
We live life under MoonLight
Fire in the mirror

An object in light
Casts a shadow of darkness
On the brightest days

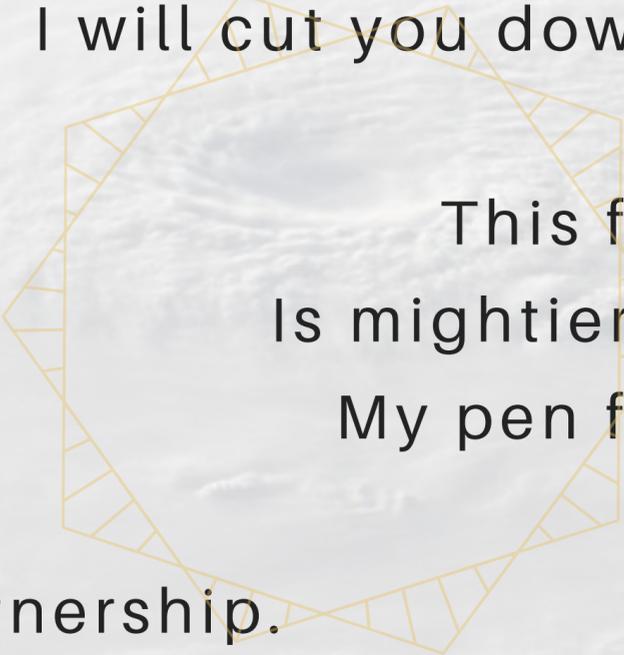
What I must do now
To love you as you deserve
Is to be my best

On a patch of grass
Dandelion in the park
During midnight walks

January 2014

You went back to him
Thanks for cutting out my heart
I know where I stand

Kindness is power
You mistook it for weakness
I will cut you down



This fountain of truth
Is mightier than the sword
My pen filled with blood

The Self. Partnership.
Signals, Separation, Strength.
Initiation. (Runemal)

No one really cheered
I never knew music would
Bring down the Death Star

All throughout those nights
We held each other so close
I still feel her near

January 2014

You lost your color
My tears washed it all away
Hopeless serenades

Survival of fears
Does the greatest work for the
Revival of tears

Through life challenges
No matter how tortuous
You can overcome

Since you're dead to me
You may as well kill yourself
Black Widow Spider

I would die for you
Only it is best for me
To live without you

Trampled under foot
Heart, soul, and insides splattered
Crushed like an insect

2014

January 2014

From a whispered rage
Fade the elements of pain
As the morning dawns

Yesterday Was Death
Today A New Life Begins
Better Than Before

Schizophrenia
Escaped from psychiatrists
But not from myself

On the cross, your heart
My nine inch nail in your love
Crucifying you

Remind yourself now
That you can do whatever
Truly brings you joy

In your life today
Something truly wonderful
Is happening now

Life After Laughter

January 2014

Through a dreaming land
I walked in a world of death
Living once again

A spirit alive
In the flesh and through the soul
Heaven evermore

To define oneself
What is within surrounds us
Earth is our garden

Forever alive
When we walk in the shadows
Surrounded by light

You deserve heaven
Without dying to get there
But by living now

I have seen hell
For some reason I came back
To be here again

January 2014

All we troubled souls
Believe we are alive
While in a deep sleep

I have seen real ghosts
Dwelling a straight line of time
Haunting each other

We should come to know
There is no "Valley of Death"
Except in our minds

Nightmare succubus
Love-Making DEMON in flames
You are my wet dreams

Such delicious fruit
She tastes like watermelons
Melting in my mouth

I saw the real life
When swallowed by the ocean
Awakened by death

January 2014

Influence the world
Even the whole universe
With your beliefs

Focused on the goals
Aiming high while detaching
Balance and success

Destroying limits
With an eternal vision
To uplift us all

February 2014

Persisting in faith
Throughout those times of trouble
Always builds our strengths

The only promise
That can ever be made sure
Is to love always



January 2014

Whisper In Hell

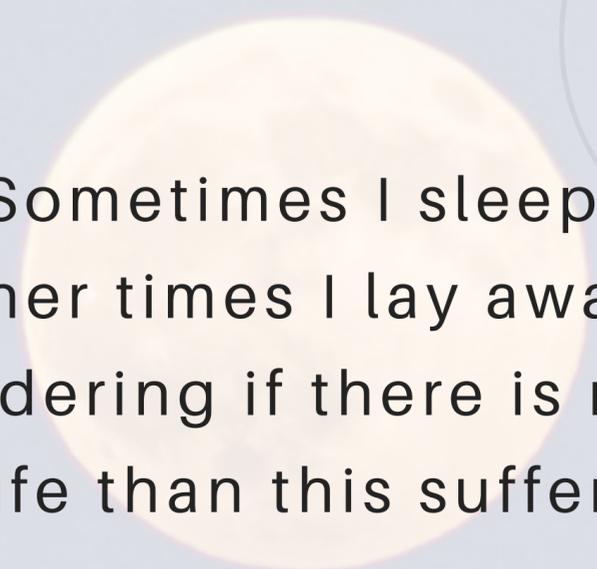
If I could whisper
I'd whisper in hell
I'd kill all the rainbows
As the sky fell

Into the Sunlight
The Fire that burns
Eternal Infernal
There are no returns

I mock all the angels
And snap all their wings
I destroy the harmonies
The cherubim sings

You cling to your fantasy
The brainwash communal
You dress in all black
For I am your funeral

April 2014

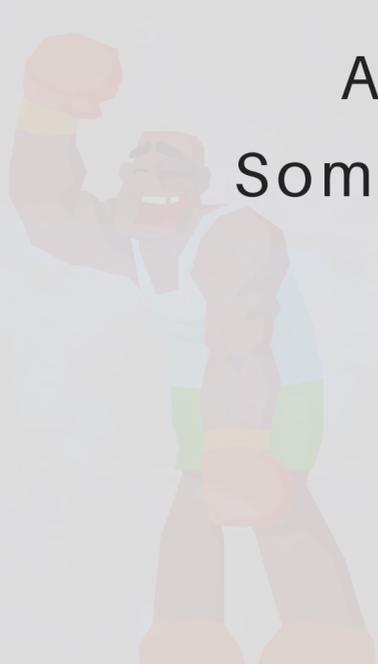


Sometimes I sleep.
Other times I lay awake
Wondering if there is more
To life than this suffering.

How do I neutralize my karma?
What must I do to finally win?
It is said that happiness is within.
Within who? Within what?



I search myself. There is not.
I search the Earth and Heaven.
There is not a lasting scent.
No lingering joy for me.



Yet a thing urges me on.
Ongoing I keep. Moving ever.
As if someday I shall overcome.
Somehow, someway I shall overcome.

May 2014

You can see further
There are giants in the world
Stand on their shoulders

June

Have you ever thought
What if everything goes right?
And it really did?

King of the jungle
Set free to rule his kingdom
Keeps love in his heart

July

People seem to love
Taking pictures of my shoes
And my funny socks



September 2014

As a piece of fate
Let a thousand flowers bloom
Finding your life's task

October

With mind's eye
Bare her naked
Not just from her clothes;
Still deeper I peered
Within the soul of a Goddess

Epicurean
Explore the essence of life
Travelling the world

October

I rose for a walk,
But found there was no floor

I'm walking through walls
Even without any doors

I look for your  eyes,
Into a heart and soul I adore

All the lands are really skies,
I'm falling forevermore.

October 31st

to my great delight
a lovely muse crossed my path
thirty days ago

November

If it wasn't happening to me,
I wouldn't believe it.

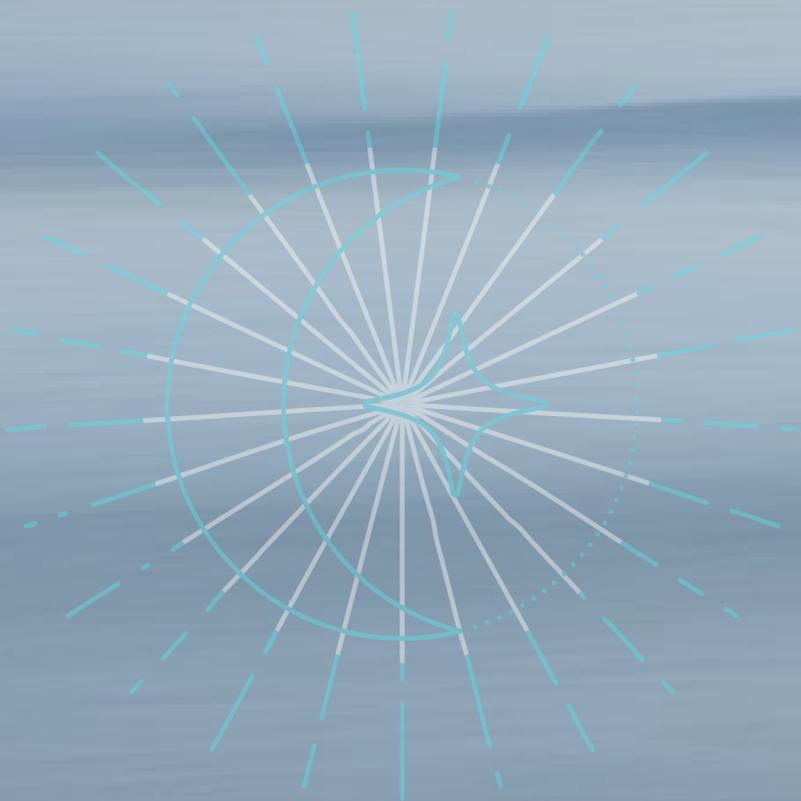
But it's true:

I think about you when I wake up
Until I go to sleep

And then dream of you some more

Sexy midnight songs
It's like your singing to me
Talking on the phone

I ask who you are
For I don't know who I am
As I disappear
Into the oblivion
Embracing love of nowhere



December

Breathe in burning dust
Lots of smoke but no mirrors
Ashes on the wind

Death to the weakling
All wealth must go to the strong
This is the right way

When the light is green
Doesn't mean it's safe to go
That is just a rule

I want to know what
It's like to wake up in the
Morning and not feel

Many don't know that
I earn millions of dollars
From writing Haiku

Forever could be
Forward into our future
For how long is time?

December

it has been a long
time since anything as good
as you has happened

i love how people
get so scared when i tell them
i'm a satanist

although it's not true
people want to believe god
has a plan for them

only to the wise
salt, sulphur, and mercury
are the substances

shooting unarmed men
cutting off the hands of thieves
being stoned to death

I have been trained to
Do some very bad things and
Keep them a secret

December

CAN WE GET PAST OUR
FUTURE BY CHANGING MATTERS
OF THE PRESENT HOUR?

give me a weapon
from the future to vanquish
mine enemies now

you don't need lots of
engagements to make millions
of dollars online

can you scream so loud
that you can't hear anything
outside of yourself?

we should just lift off
and nuke the site from orbit
just to be certain

Winter on the Lake
I didn't want to let go
She fell through the Ice

December

I Threw Many Stones
When I Realized You Were Gone
And Fell To Pieces

Dreams of us are gone
With lanterns and candlelight
Hope for love is lost

My hidden glory
I like being super-rich
And keeping secrets

Through the darkest day
We walked on the longest night
Under a new moon

My problems appear
small to me right now because
I have BIG MONEY

HER ACCEPTANCE OF
THE WAY THAT I AM INSPIRES
ME TO BE MUCH MORE

December

BLADES SLICE THROUGH THE WIND
SOULS EXITING WOUNDS SOUNDS LIKE
DEATH WHISTLES MARCHING

now it's cold again
and all i want to do is
keep you warm at night

January 2015

Heart-Break Feels Much Like
This Is The End Of The World
But We Must Love On

February

My Love Is Not Like
The Beam Of A Flashlight
Focused And Spotted On Just One
But More Like The Rays Of The Sun
Flooding Over Every Living Thing



February

Hope In The Darkness

Stare InTo A MoonLit Field

Mute With Living Fires

cry if you want to
keep moving as you do
adding blood and sweat

Canada is not
The only place that is cold
Her heart is as well

this stormy sorrow
twelve hours of heavy rainfall
pouring over me



March

do you sometimes feel
like you're standing on nothing
with nowhere to go?

I've Never Felt Quite
As Alone As I Do Right
Now This Very Day

HEARTACHE DROWNS TONIGHT
WITH EACH SIP IT SLIPS AWAY
ABSENCE THROUGH ABSYNTHE

Drowning In Yourself
As You Bleed In The Water
Sharks Are Everywhere

Ever get off the
Bus just to look at orange
Flowers in the field?

in the heart breaking
uncertainties of romance
there still lingers hope

March

the roots of any
polynomials always
are complex numbers

We Felt The Cold Sky
And Knew A Storm Was Coming
Embracing For Warmth

I've Never Conformed
So Why Try To Fit Me In
To Your Life Right Now

April

The Failure Option
Is Less Often Than Never
My Choice Of Being

To Think What You Want
Is To Think About The Truth
Beyond What Appears

PRICELESS IS FREEDOM
BUT IF YOU DECIDE TO QUIT
CONSIDER THE COST

May

It Is Done UnTo
Each Of Us As We Believe
Let This Be Well Known

We Are Given Choice
And Allowed To Awaken
All By Our Own Will

Spirit Still Thinking
Soul Sets The Law In Motion
Body Manifests
Thankful To Still Be Breathing
Grateful My Heart's Still Beating

June

This Time Tomorrow
Nothing Has Ever Happened
Get To It Right Now

September

Dream Action Yoga

Fills Our Hearts With Serpent Fire

Enter Your Star-Gate

Love Is Not What Hurts

It is Desire To Possess

Breeding All The Pain

October

Your Feet Will Still Burn
No Matter How Far You Run
Once You've Stepped In Fire

You don't want to be
Jean Gray, Because I killed her.
I'm The Wolverine

By Rivers Of Black
I Cut The Flowers That Bleed
And Worship The Seeds

If we keep running
How long can we run before
We run out of breath

don't be so concerned
about your abs; i tried that
and it doesn't work

it hurts to sit up
when you pull a bullet out
from your abdomen

November

in the search for truth
quod erat demonstrandum
has just been proven



Will the Dragons fall? Would they go to you?
Why ask such questions when we can wait to see?

We shall hear the thunder, as their wings collapse;
We will see the firing of their last synapse.

It is something to fear;
Something all must dread;
The Dragons' ends are near;
Off with their burning heads.

December

SomeOne Else Will Take
Credit For What We Have Done
UnLess We Go First



January 2016

I'm not just evil
I'm the source of all evil
All of the evil

February

it's too bad that our
mirror neurons still work when
we're nearer morons

May

Dream right now so that
Later when everyone sleeps;
You will be awake

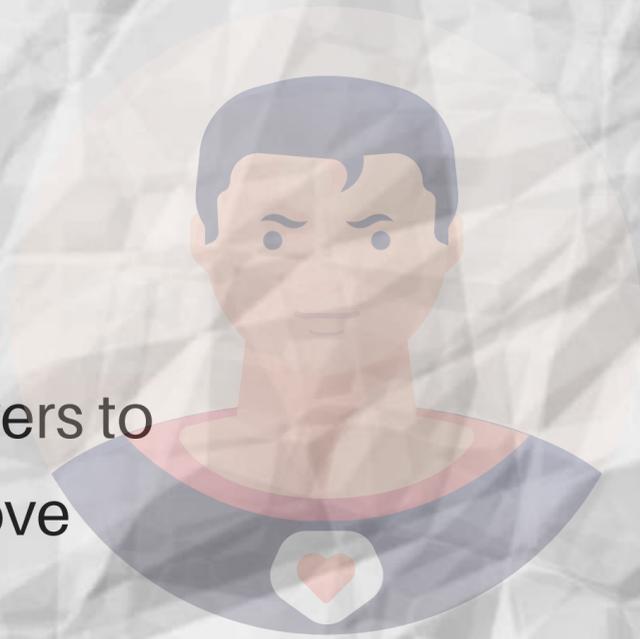
August

if one swipes enough
times at the fly in a room
it will be struck down



October

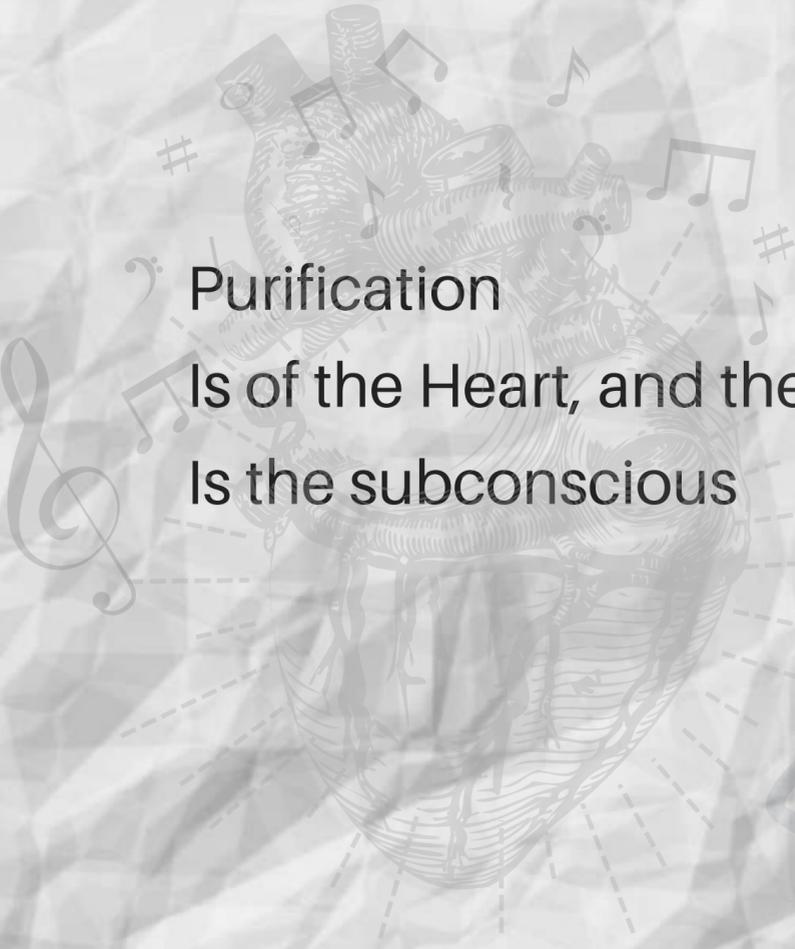
too many super
heroes use their powers to
stalk the ones they love



TeleVision Shows
When Friends Lie To Each Other
It Never Ends Well

Matter collided
When I left on a lepton
Accelerating

Purification
Is of the Heart, and the Heart
Is the subconscious



November

all those dark road strips
that's where i would take people
if i were to kill

December

Impale the madness
Extinguish all the pain and the
Ritual sadness

January 2017

There's so much to do.
Ask not what your country can;
Just do it yourself.

February

You gave up on YOUR
Dreams, that is why you are mad at
Me for living MINE.

April

Available Now:
Single Family Rental Home
House Is Still On Fire

June

My dearest, Christine:
I miss, cherish, and love you;
And I will, always.

July



in the soul i mine
melting down the precious ore
to drown me in gold



Those who oppose, fall.
Like the mythical Vampire,
I can smell their blood.

September

Led there by my heart
 I was brought to tears to drink
 Condensating thoughts

Thirty-Three Set

United with the fire
 Run into the flames
 Burn yourself to death
 And the people call you names

竜巻旋風火薬

Tatsu maki sen pu kyaku
 Hurricane Storm Bomb
3 in a row, categories high
 When shall come the calm?

Piercing through the **O3**
 Oh, cleanse us Amen-Ra's rays
 I've dreamt of our extinction
 I hope these are the days

Some cities ae burning,
 And others under water
 Mother-Nature, Mother-Nature,
 Mother-Nature; slaughter.

September

We consume lightning
To preserve life forever
In exploration

As we passed beneath
A tree, a flower did fall
Upon The Flower

The sleep I desire,
Continues to escape me.
Living a Nightmare.

An old man struggles
He climbs up stairs while smoking
Coughs and says "hello".

October

I'm in too much pain
But cowardly suicide
Is not an option

Why have I become
Suddenly suicidal ?
I must (d)rain my blood.

consuming spirits
the demons in the rainbow
will follow you home

As the Sun flares up
The Earth is consumed in flames
Hell is in the skies

February 2018

Angels are falling
Thirty degrees at a time
All around the clock

March

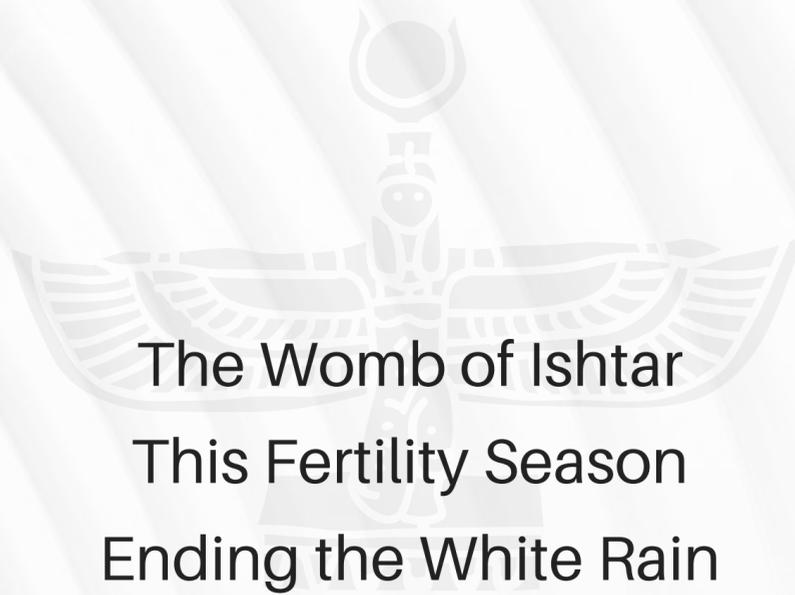
Metal, black, and gray
Denim, nylon, and leather
Mercenary Knight.

"From inside of you".
The answer to the question:
"Where does joy come from?"

Joy is also strength
Therefor it comes from that place
Deep inside of you

Understand your heart.
You are the greatest power,
There ever could be.

March

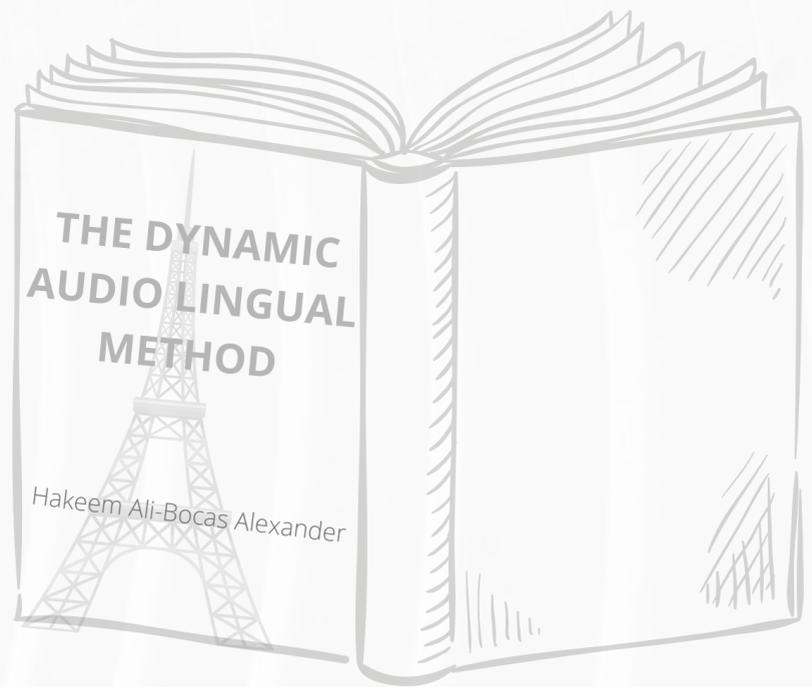


The Womb of Ishtar
This Fertility Season
Ending the White Rain

322

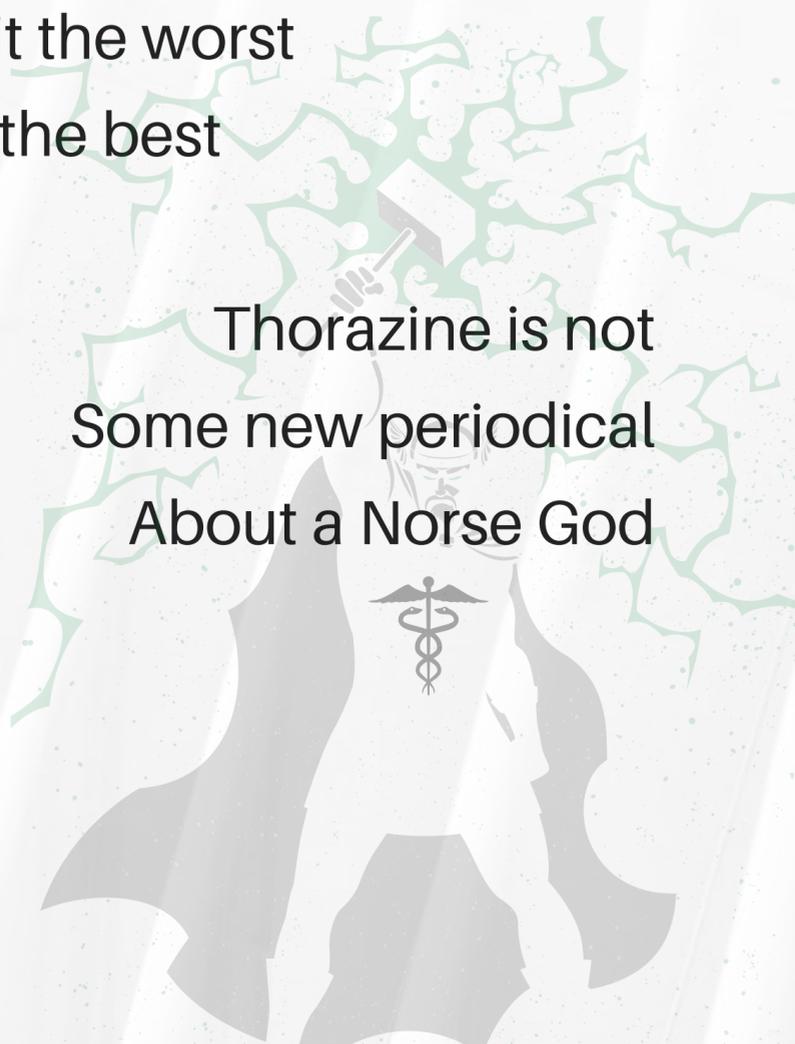
July

If there's any truth
To what you say you have to
Show before you tell



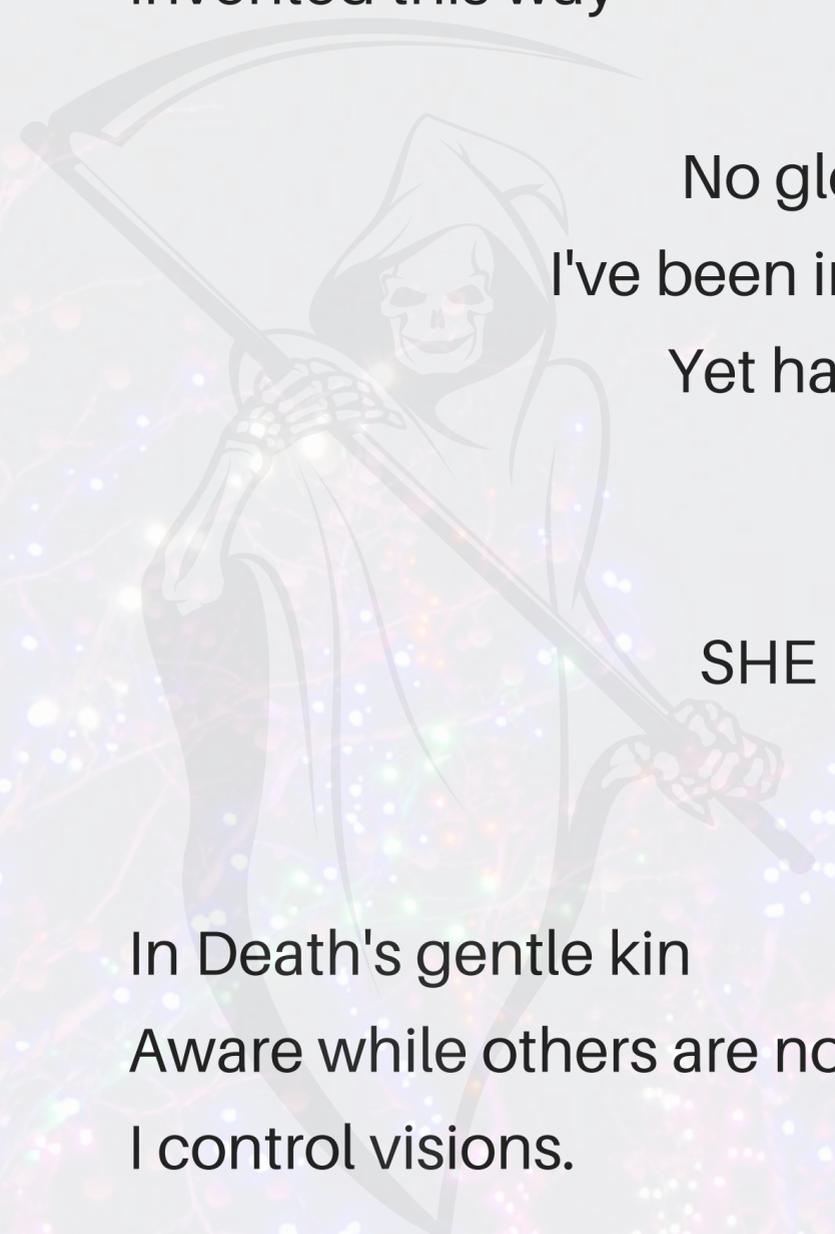
I tell stories of
Those who have had it the worst
Yet have come out the best

Thorazine is not
Some new periodical
About a Norse God



October

Sometimes I wish that
Time-Travel had never been
Invented this way



No glorious Death.
I've been in the Heart of War
Yet have no medals

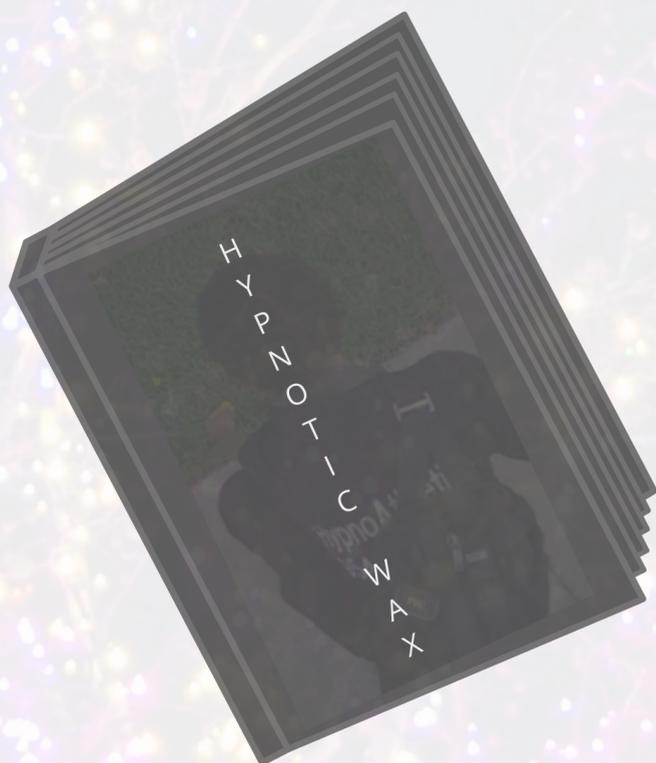
IT GLITTERS WITH GOLD
SHE LEAVES HER MARK ON MY FACE
WITH PURPLE LIPSTICK



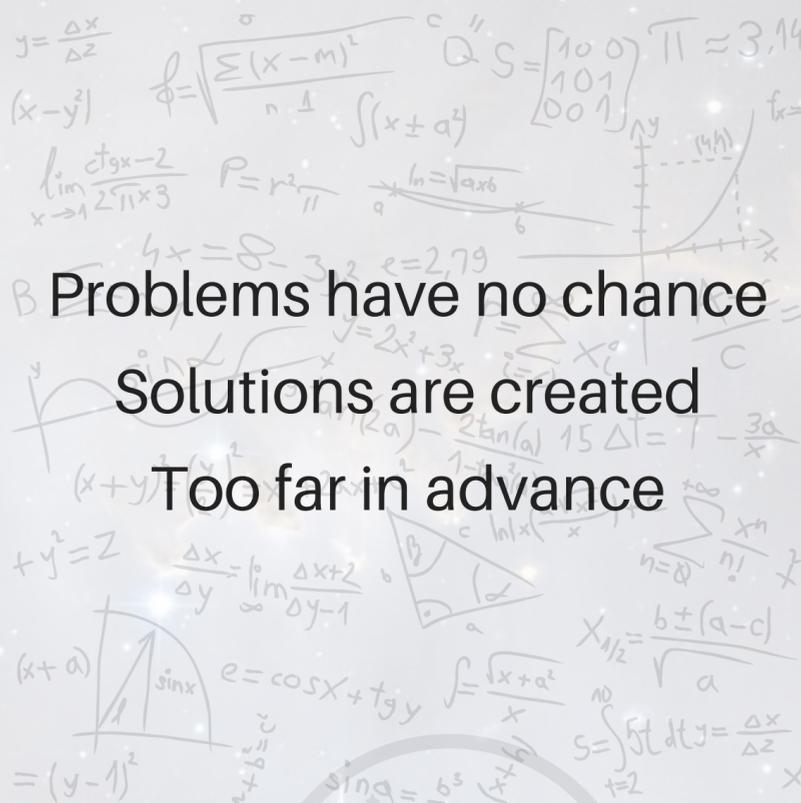
In Death's gentle kin
Aware while others are not,
I control visions.

November

Fascinating how
The simple act of writing
Poems can divide



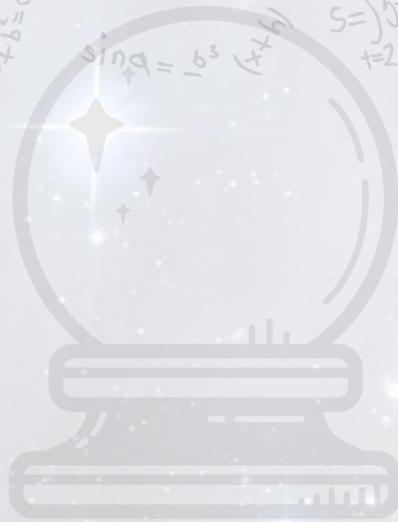
December



Problems have no chance
Solutions are created
Too far in advance

May 2019

All my life I've been
Suicidal, but somehow
I'm still alive

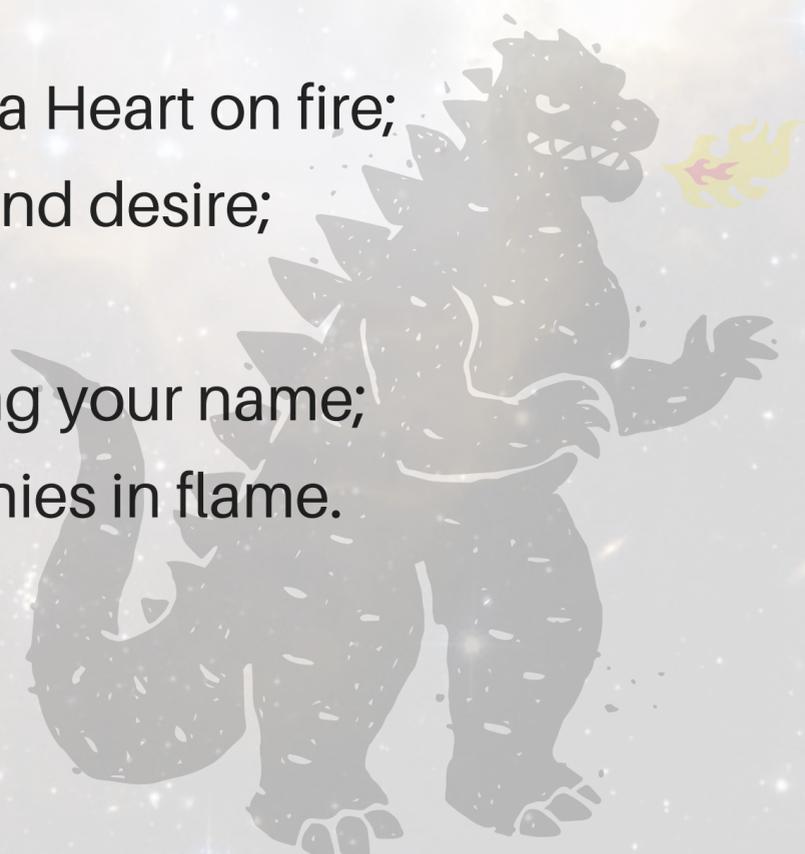


I'm drowning in Love
Since I let her embrace me
I fell for the sea

August

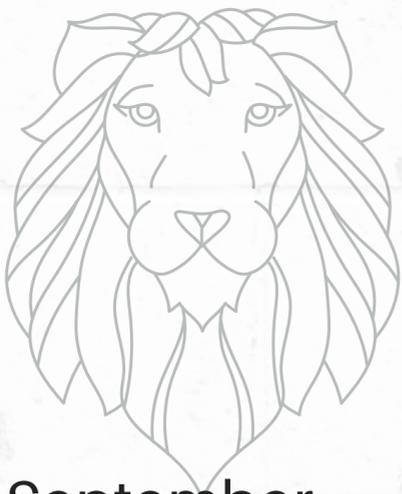
I, the Dragon with a Heart on fire;
Full of Love, and desire;

Part my lips to sing your name;
Exhaling harmonies in flame.



August

That I've never lied,
Is the big lie that I hide,
Now I'm open wide.



September

Conception denied
Every time bodies collide,
Nature is defied.
Ready now, barren inside;
Karma is my willing bride.



Even at high noon
All my Sunshine fades away
As my heart darkens

She's my everything
Yet I don't know where she is
So I have nothing



My only hope is
Compartmentalization
Of all this heartache

October

Certain explosions
Left bone fragments in my flesh
That are not my own

Who loves the darkness?
Lowered into the casket
All the drams are dead

Eating her alive
Cancer burns through her body
But I also die

At some point in time
I must awaken from this
Wine induced stupor

Clean is my burned soul
Lost in a storm of despair
Bathing in the rain

Many dream about
How beautiful Death shall be
When life is ugly

October

the rape and murder
of your daughter was avenged
will you pay me now?

I may be evil
But I am not the devil
I will eat demons

I shall protect you.
Whilst I fell enemy troops,
Hide behind that tree.

Within my heart is
The birthplace of the Black Sea
Wherein you shall drown



November

To celebrate you
I will plant seeds in your name
My Angel-Flower

Everything reminds
Me of her which makes all those
Things so beautiful

She protected me
For the first time I'm afraid
Of what I'll become

I do want to live
But I want to follow you
Even more than that

We were going to
Have a house full of babies
And all full of love

I guess everything
Was going too good for me
Something had to give

November

For what means this end?
How many lives have I saved"
Only for the one
I have cherished the most to
Be taken away from me.

December

Seppuku disguised
Ethanol bathed viscera
Inebriated



swimming so vigorously
within your endless sea
i hope you will have me
when i dive into your eternity



About The Author

"Serena Wears Black" was Hakeem A.B. Alexander's first, self-published chapbook of Haiku and other creative writings in 2005. It was only distributed within a small area of California's Los Angeles Valley called Tarzana, just before he graduated from the Hypnosis Motivation Institute (HMI).

In addition to working with clients as a Clinical Hypnotist, Mr. Alexander practices Yoga, Boxing, and Capoeira. He acts as a singer / songwriter who composes original music, records, and performs on stage.

Not least of all, Hakeem really enjoys reading and writing. Encouraged by the late **Flor Elizabeth Carrasco**, Hakeem and Flor traveled outside of the United States to explore the world of Teaching English as a Second Language in March of 2016.

After earning 4-years of experience, he published a handbook of teaching directives called "*The Dynamic Audio Lingual Method*" (2020.08.17) to share what worked for him while researching abroad.

Hakeem spends most of his time on the Asian continent traveling and creating new projects along the way.

he can be reached by e-mail at Hakeem@HypnoAthletics.com, or visit his website www.HakeemAlexander.com.

HAPPY BIRTHDAY

Flor Elizabeth Carrasco - August 23rd, 1990



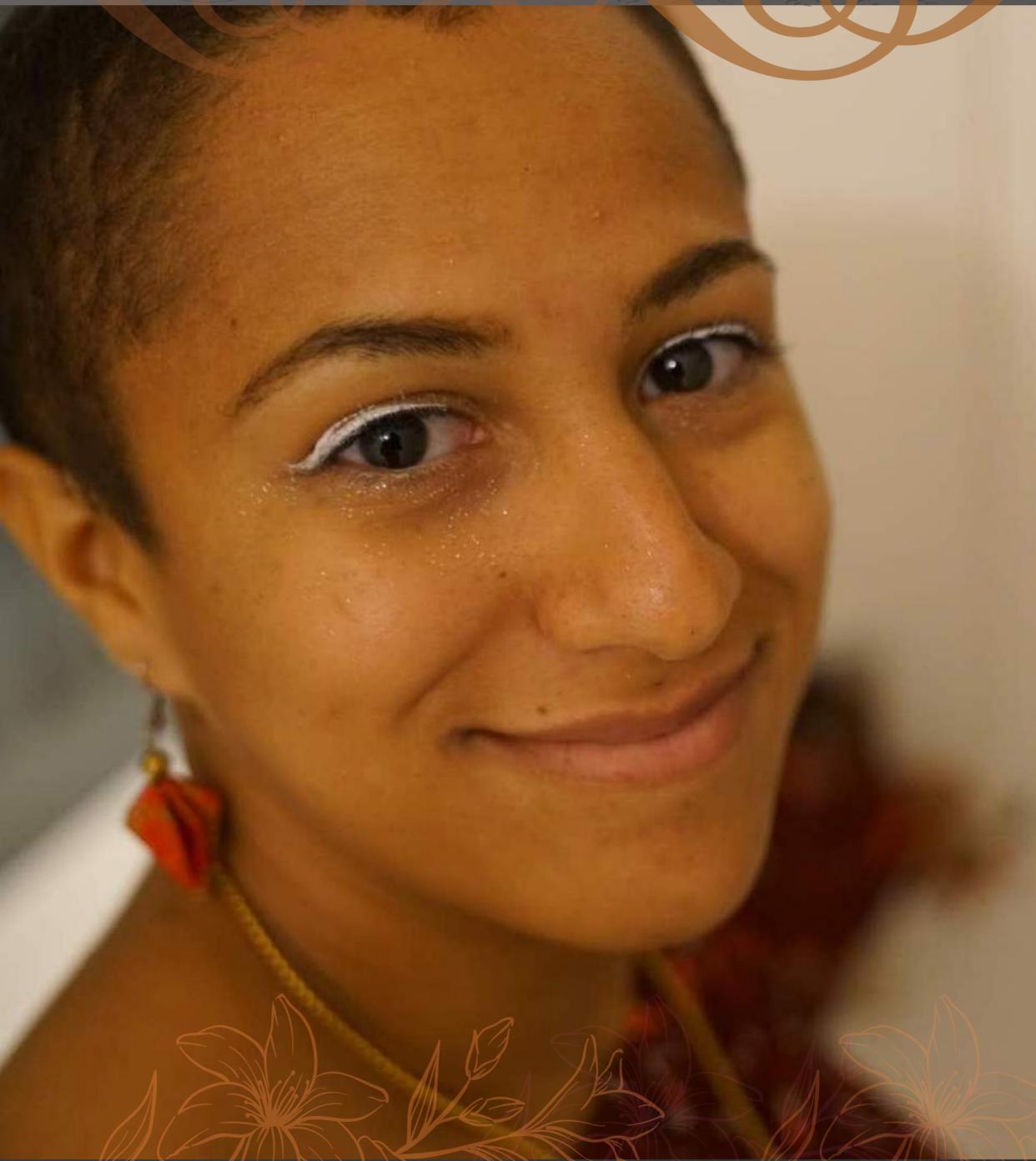
FLOR ELIZABETH CARRASCO

August 23rd, 1990 - October 24th, 2019



I LOVE YOU FLOR. FOREVER. - HABA

HYPNOTIC WAX



**Although The Sun Shines
Upon Our Perfect Garden
All That Blooms Must Die**

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